

The **Rapid**

Simple & Helpful Menomonee Falls Updates & Links



1-28-2026

Check out the new Menomonee Falls Parks & Trails Guide

View the [**Menomonee Falls Parks & Trails Guide**](#) to learn about some of the great outdoor recreation spaces in the Village! The guide contains maps, highlights, and photos for some of our most iconic parks and trails. It is meant to provide visitors and residents with a quick way to learn about public recreational opportunities in the Village.

Stay Active with Open Swim at the North Middle School Pool

CE & Rec offers Family Swim and Adult Lap Swim/Water Walking at the North Middle School Pool. The fees are \$3 for children and \$4 for adults. Swim passes and punch cards are also available. For information on Family and Adult Lap Swim times visit the [**CE & Rec Aquatics page**](#)

Support Falls Area Food Pantry this Winter

Falls Area Food Pantry relies on donations and volunteers from the community. Get involved this winter by donating food and/or money, hosting a food drive, adopting a shelf or utility (to cover operating expenses), or volunteering at the pantry. Learn more at [**fallsfoodpantry.org/volunteer**](#)

Downtown Chocolate Walk February 6th-7th

Indulge your sweet tooth at this year's Downtown Chocolate Walk on February 6th & 7th from 10 am - 5 pm! Shoppers can purchase a box online for \$25 and pick up their chocolates at participating businesses. Learn more at [**menomoneefallsdowntown.com**](#)

Falls Bridal Showcase Saturday February 21st

Join us on February 21st at The Hot House Tavern (2nd floor) from 11 am - 2 pm for a FREE event featuring hand-picked bridal and wedding products from local Menomonee Falls businesses! This event is presented by TEC/ The Entertainment Company and Menomonee Falls Events. Learn more about the showcase at [**menomonee-falls.org/calendar**](#)

