

# HOT NEWS



THE NEWSLETTER OF THE MENOMONEE FALLS FIRE DEPARTMENT

## UPCOMING COUNTYWIDE STATION AND VEHICLE RENUMBERING

The current vehicle numbering system was voted on and implemented by the Waukesha County Fire Chiefs Association in the late 1990's. Departments are identified by a prefix number, with MFFD having 27. The set of numbers that follows originally denoted the vehicle type and station number, however over time this has proven difficult for many departments to maintain. 50 series were ambulances, 60 series engines, 70 series ladder trucks and so on. That's how 2751 is MFFD ambulance at Station 1 and how 2773 is MFFD ladder truck at Station 3.

For some perspective on how things can change in 25 years, at that time consolidated dispatch did not exist as it does today in Waukesha County. MFFD was dispatched in house by MFPD. There were around 40 different fire departments in the county. It was rare for EMS levels to be of paramedic service. In fact, Advanced EMT didn't exist as it does today, and MFFD operated as EMT basic, with no paramedic or advanced level of service.

In large part because of this, a change was recently proposed. This change involves individually numbering each fire station in Waukesha County somewhere between 1 and 99. As a result of subsequent approval, MFFD will have numbers 95 through 99 to use, with the stations numbered as below:

Station 97 - N56 W19350 Silver Spring Drive  
Station 98 - N84 W18989 Menomonee Avenue  
Station 99 - W140 N7501 Lilly Road

Whereas in the past the department number preceded the vehicle identifier, that will no longer be the case. Vehicle type will now come before the station number.

## MFFD MONTHLY INCIDENT COUNTS

SEPTEMBER 2021

Total Runs - 406

SEPTEMBER 2022

Total Runs - 438

## STATION 3 OPEN HOUSE

Station 3 will be hosting their Open House on Oct. 8 from 9 a.m.—noon. Bring your friends and family to tour the station, and participate in Fire Prevention Month, fire extinguisher use demonstrations, and the Survive Alive trailer.

## TRIVIA QUESTION

What ancient city established the first fire department in AD 6?

- A. Istanbul
- B. Cairo
- C. Athens
- D. Rome

*Continued on page 4*

*(answer on page 2)*



## YUMMY CHICKEN

1/2 packet of ranch seasoning  
1/2 cup panko bread crumbs (parmesan flavor is best)  
1/4 cup Monterey Jack cheese  
1 Tbl butter  
2 chicken breasts  
Salt  
Pepper  
Mayo

Preheat oven to 425

In a bowl, melt butter. Then add bread crumbs, cheese and ranch seasoning. Mix together.

Add salt and pepper to the chicken breasts to your liking.

Top the chicken breasts with a layer of mayo.

Add the breadcrumb topping onto the chicken.

Bake chicken for 15-20 minutes until cooked all the way through.

Enjoy!

Variation— Can add siracha to the mayo until you reach the desired flavor for an extra kick.

- Submitted by Jessica Wolfe (Chef Boyarsteve approved!)

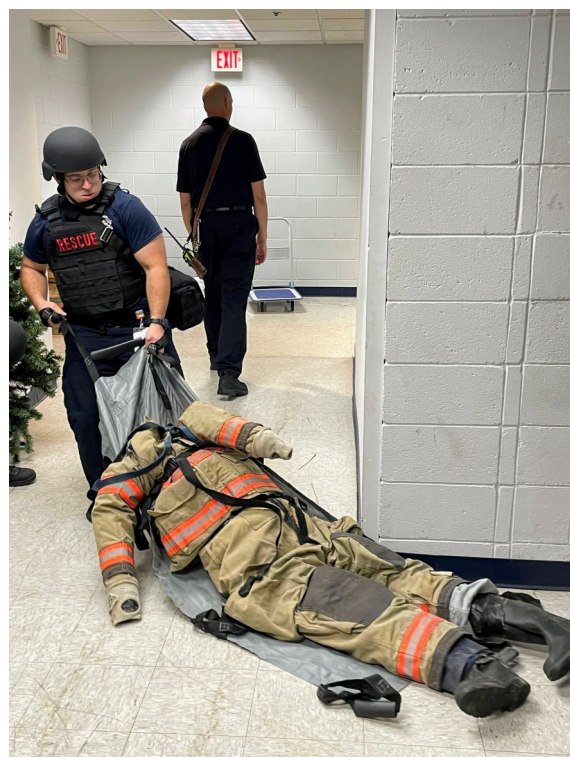
## THOUGHT OF THE MONTH

A hero is someone who steps up when everyone else backs down.

## TRIVIA ANSWER

### B. Rome

The first ever Roman fire brigade was created by Marcus Licinius Crassus. He created a brigade of 500 which rushed to burning buildings. Upon arriving at the scene, the firefighters did nothing while Crassus offered to buy the burning building at a miserable price. If the owner agreed to sell, his men would put out the fire, but if the owner refused, then they would simply let the structure burn to the ground.



RTF Training



# FROM THE PEER SUPPORT TEAM

## MENTAL HEALTH CONTINUUM MODEL

HEALTHY	REACTING	INJURED	ILL
<p>Normal fluctuations in mood Takes things in stride Good sense of humour Consistent performance Normal sleep patterns Physically &amp; socially active Behaving ethically &amp; morally Confident in self &amp; others Limited or no alcohol/ gambling</p> <p>Focus on task at hand Break problems into manageable tasks Controlled, deep breathing Nurture a support system</p>	<p>Nervousness, irritability Sadness, overwhelmed Displaced sarcasm Procrastination Forgetfulness Trouble sleeping Low energy Muscle tension, headaches Intrusive thoughts Occasional nightmares Decreased social activity Regular alcohol use/ gambling</p> <p>Recognize limits, take breaks Get enough rest, food, exercise Reduce barriers to help-seeking Identify &amp; resolve problems early Example of personal accountability</p>	<p>Anxiety, Anger, Pervasive sadness, Tearfulness, Hopelessness, worthlessness Negative attitude Difficulty concentrating Trouble making decisions Decreased performance or workaholic tendencies Restless, disturbed sleep Increased fatigue, aches &amp; pain Recurrent vivid nightmares Recurrent intrusive thoughts/images Avoidance, withdrawal Increased alcohol use, gambling- hard to control</p> <p>Talk to someone, ask for help Tune into own signs of distress Make self care a priority Get help sooner, not later Maintain social contact, don't withdraw</p>	<p>Excessive anxiety Panic attacks Easily enraged, aggressive Depressed mood, numb Overt insubordination Cannot concentrate Inability to make decisions Cannot perform duties Cannot fall asleep/stay asleep Constant fatigue, illness Absent from social events Suicidal thoughts/intent Alcohol, gambling or other addictions</p> <p>Follow care recommendations Seek consultation as needed Respect confidentiality Know resources &amp; how to access them</p>



Tender operations training



# RENUMBERING, cont.

For example:

- Med 97, Engine 97, Tender 97 will be housed and respond from Station 97
- Med 98, Engine 98, Brush 98 and ATV98 will be housed and respond from station 98
- Med 99, Truck 99, Engine 99 will be housed and respond from station 99

This will provide a significant advantage for WCC dispatch throughout the county. By keeping our vehicles aligned with other departments within the county, radio traffic should be easier to understand for all involved. This is a recently voted on change. Countywide implementation is planned for the second quarter of 2023 (April through June).

How did this change come about? Through the efforts of the Waukesha County Fire Chiefs Association. WCFCFA allows representative chief officers from Waukesha County fire departments to come together to make decisions and recommendations.

- Deputy Chief Kevin Rokenbrodt



Rocket dedication Station 5

## OCTOBER BIRTHDAYS

10/6	Jenna Schwechel
10/10	Rico Bishop
10/14	Gavin Mantyh Doug Mueller
10/20	Camron Hepp
10/31	Tyler Anders

## OCTOBER WORK ANNIVERSARIES

### 24 years

10/6/1998	Kurt Smith
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### 14 years

10/7/2008	Robert Marki LT. Kevin Myers
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### 12 years

10/5/2010	Jerry Erjavec Dan Neary LT. Joe Waite
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### 9 years

10/29/2013	Nichole Dorvinen Heather Gunderson
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### 1 year

10/17/2021	Breanna Adams
10/20/2021	Anthony Harmon



# October 9-15