

# HOT NEWS



## THE NEWSLETTER OF THE MENOMONEE FALLS FIRE DEPARTMENT

### NEW GEAR, NEW YOU

In 2021, the Menomonee Falls Fire Department will be purchasing many new complete sets of turnout gear. On January 24-26 we fit turnout gear for most of our personnel. Darren, from Oshkosh Fire and Police Equipment, and Bruce Scheck, Regional Sales Manager for Fire-Dex, did the fittings.

We are purchasing Fire-Dex FXR turnout gear and Cairns 1044 helmets. Significant research and comparison between brands were done regarding brands, cut, fit and fabrics. The NFPA has a standard for turnout gear and primary protective properties of turnout gear are expressed in relational numbers of THL and TPP.

#### Thermal Protective Performance (TPP)

The minimum TPP score for gear to meet NFPA standard is 35. Our new gear will have a TPP score of 41.40, a very good number and virtually the same as our current gear. Just like a big blanket is usually warmer than a thin one, the easiest way to increase TPP is to add bulk to the gear. This makes it tougher to move in the gear and also makes the gear less able to breathe. We were able to avoid bulking up the gear.

#### Total Heat Loss (THL)

The minimum THL score for gear to meet NFPA standards is 205. Our current gear is around 220. The new Fire-Dex gear uses a shell fabric called TECGEN71, which is able to provide the same thermal protective performance as a bulkier fabric, yielding a set of turnout gear that is approximately four pounds lighter. TECGEN71 still allows for heat buildup in the gear, which can cause heat stress on the firefighter, to be released better than other fabrics. Our new gear will have a THL of 316. Because TECGEN71 is a mix of Kevlar and Nomex the fabric is still as tough as the one we wear now.

Heat stress contributes to serious health conditions, including heat stroke, cardiac fatigue and cardiovascular failure. It occurs when the body's temperature rises rapidly and is unable to self-regulate back to its core temperature. We chose Fire-Dex because it met our requirements (best fit, toughness and protective properties) and has the added benefit to reduce heat stress. All of this was done keeping price and value in mind. We were able to find these added benefits for the same price as our current gear would cost.

Our initial purchase will outfit about 40% of the department with new turnout gear. Priority will be for those whose gear is 10 years old or more. We anticipate the new gear arriving in approximately three months. For more information you can check out [Fire-Dex's website](#).

- Deputy Chief Kevin Rokenbrodt

### MFFD MONTHLY INCIDENT COUNTS

#### JAN. 2020

Station 1 - 169  
Station 2 - 47  
Station 3 - 107  
Station 4 - 63  
Station 5 - 17

**Total Runs - 403**

#### JAN. 2021

Station 1 - 191  
Station 2 - 43  
Station 3 - 109  
Station 4 - 34  
Station 5 - 20

**Total Runs - 397**

### FEB. BIRTHDAYS & WORK ANNIVERSARIES

#### BIRTHDAYS

2/2 Nick Thompson  
2/3 Kurt Smith

#### ANNIVERSARY DATES

##### 20 years

2/20/2001 Aaron Koepke

##### 10 years

2/15/2011 Josh Diehl

##### 3 years

2/26/2018 DC Nicholas Boehlke

### TRIVIA QUESTION

February is National Heart Month. One person dies every how often in the US from cardiovascular disease?

- A. 36 seconds
- B. 2 minutes
- C. 14 minutes
- D. 48 minutes

(answer on page 4)



Live burn training at the Milwaukee Safety Academy

# PEER SUPPORT IS HERE TO HELP

The Peer Support Team (PST) is officially launched as of the new year! This confidential assistance is available to all department members and their families 24 hours a day, 7 days a week. The PST’s primary goal is to provide confidential support and assistance to the members of the department suffering from emotional, personal, physical, or stress-related problems. PST members have gone through numerous certification courses and several hours of training that continue throughout the year. The PST is meant to be a liaison service to bridge the gap in connecting people looking for help with people that can.

We’ve recently posted additional information on the station bulletin boards related to resources and the PST, along with contact information for team members. I want to stress this is confidential and none of the information discussed will be shared, not even with other team members. Every team member is excited to be able to help and looks forward to helping any way we can. Listed below is the contact info for the team members:

Current Members of the PST
Rico Bishop
Josh Diehl
Lisa Ulicki
Kory Mueller
Russell Knoth (Rev.)
Cody Porter
Rae Ann Schone
Kevin Rokenbrodt

*“Reaching out for help is never a sign of weakness, but rather one of strength. It may be intimidating, annoying or frustrating to think about what to do and how to approach overcoming this, but it can be done. You do not have to do it alone. If you cannot reach or maintain all of these goals on your own, contact a peer supporter, medical, provider and /or a psychology professional.” - Cody Todd M.A., L.C.P.C. FPS Therapist*

- Lieutenant Cody Porter





Recruit forcible entry training



## PARMESAN CRUSTED TILAPIA

From the Firehouse to your house, enjoy!

### Ingredients

- |                          |                             |
|--------------------------|-----------------------------|
| 1/2 C parmesan cheese    | 1/4 tsp ground black pepper |
| 1/4 C butter, softened   | 1/8 tsp onion powder        |
| 3 Tbsp mayonnaise        | 1/8 tsp celery salt         |
| 2 Tbsp fresh lemon juice | 2 lbs tilapia fillets       |
| 1/4 tsp dried basil      |                             |

### Directions

- Preheat your oven's broiler. Grease a broiling pan or line pan with aluminum foil.
- In a small bowl, mix together the parmesan cheese, butter, mayonnaise and lemon juice. Season with dried basil, pepper, onion powder and celery salt. Mix well and set aside.
- Arrange fillets in a single layer on the prepared pan. Broil a few inches from the heat for 2 to 3 minutes. Flip the fillets over and broil for a couple more minutes. Remove the fillets from the oven and cover them with the parmesan cheese mixture on the top side. Broil for 2 more minutes or until the topping is browned and fish flakes easily with a fork. Be careful not to overcook the fish.

- Submitted by Lieutenant Steve Schmitz

## FROM THE TRAINING BUREAU

Take a few moments to review the following links about current events.

### READ:

Fire Law Blog

[\\$50 Million Suit Filed in Michigan Mistaken Death Pronouncement](#)

### WATCH:

Steven Orusa—Being the Company Officer Doesn't Make You One

<https://youtu.be/-cNSRF-V7c>

### REVIEW and DISCUSS:

NIOSH Death in the line of duty... Career Firefighter Killed, a Police Officer and Civilian Wounded When They Were Shot During EMS Incident

<https://www.cdc.gov/niosh/fire/reports/face201913.html>

### FREE TRAINING:

CVMIC Virtual Training

[Employee Differences \(Diversity\)](#)

- Deputy Chief Nicholas Boehlke



Recruit extrication training

# HITTING THE BOOKS

The following people are attending classes this spring:

### AEMT

- Kory Mueller
- Kurt Smith
- Benjamin Todd

### Driver/Operator—Aerial

- Gabe Norton

### Emergency Services Instructor

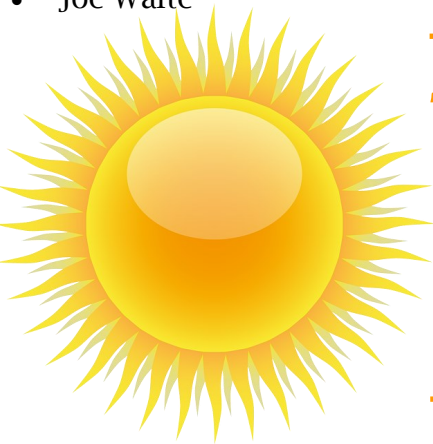
- Rico Bishop
- Sean Foley
- Aaron Martinez
- John Schut
- Joe Waite

### Fire Officer I

- Rico Bishop
- Sean Foley
- Aaron Martinez
- John Schut
- Joe Waite

### Firefighter II

- Drake Barczak
- James Heichelbech



## THOUGHT OF THE DAY

Love today. Squeeze all the sunshine and beauty from it, for you will never see the likes of it again.

- *Life's Little Instruction Calendar*

## UPCOMING EVENTS

- Apparatus dedication—Feb 6, 10 a.m. at Station 3
- Human trafficking training—Feb. 22, 3 p.m. at Station 3
- EMS training w/Dr. Shepherd—Feb. 23, 7 p.m. at Station 3

## TRIVIA ANSWER

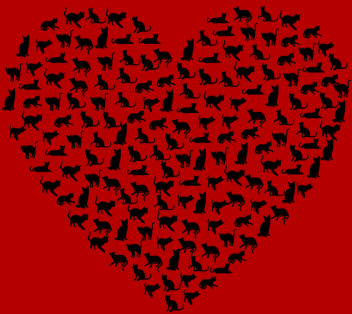
### A. 36 seconds

Per the CDC, one person dies every 36 seconds in the United States from cardiovascular disease.

Here are several steps to reduce your risk of heart disease:

- Don't smoke
- Maintain a healthy weight
- Eat a healthy diet
- Exercise regularly
- Prevent or treat your other health conditions, especially high blood pressure, high cholesterol and diabetes.

Click [here](#) for more facts from the CDC about heart disease.





# MEET MFFD's NEWEST MEMBERS



**Name:** Tyler Anders

**Where do you live?** South Milw.

**Why did you join MFFD?** To be part of a great, growing organization. The vision of Chief Washington and the staff of the MFFD is inciteful and very attractive.

**What classes have you taken related to Fire or EMS?** Associate's degree (Fire Science): Fire 1 & 2, D/O-

Pumper & Aerial, HazMat Tech, Inspector, Instructor, AEMT

**What classes will you be taking?** I'd like to take courses in tech rescue and Fire Officer I

**Have you been on any other depts or in a related field?** South Milwaukee FD & Racine FD

**Are you employed somewhere besides MFFD?** I own my own handyman business.

**Family/pets?** Fiancée—Brooke, a yellow lab—Wrigley (11), two American bullies—Shelby & Axel (1)

**Any hobbies?** Motorcycles (Harley), hiking, live music

**Anything else you'd like to tell us about yourself?** I'm excited to be here and be a solid asset, not only to the department but to the community as well.



**Name:** Ernesto Campos

**Where do you live?** Bay View

**Why did you join MFFD?** To get more experience, run more calls and better myself in EMS & fire.

**What classes have you taken related to Fire or EMS?** Associate's degree (Fire Technician), including EMT-B, Fire 1 & 2, D/O-Pumper, Fire Inspector I

**What classes will you be taking?** AEMT, Paramedic, D/O-Aerial

**Have you been on any other depts or in a related field?** Hales Corners FD, Paratech, West Allis FD

**Are you employed somewhere besides MFFD?** Mequon FD

**Family/pets?** Mom—Amy, Dad—Alejandro, Sister—Alexandra, Girlfriend—Jailine

**Any hobbies?** Spending lots of time with family

**Anything else you would like to tell us about yourself?** I am a Spanish-speaking FF/EMT trying to help the Hispanic community along with everyone else. Because of my ability to speak Spanish, I am able to translate and provide better care.



**Name:** Joe Butts. I usually go by Butts or Joe.

**Where do you live?** Pleasant Prairie, the very southeast corner of WI

**Why did you join MFFD?** It seemed like a good, up-and-coming department.

**What classes have you taken related to Fire or EMS?** Fire 1 & 2, MPO, EMT-B and currently taking AEMT.

**What classes will you be taking?** I plan on taking Paramedic and may sign up for the HazMat Tech class.

**Have you been on any other depts or in a related field?** I'm currently on Somers Fire & Rescue in Kenosha Co.

**Are you employed somewhere besides MFFD?** Blain's Farm & Fleet in Racine as a small engines technician.

**Family/pets?** Two boxers, two cats, a turtle and 10 chickens

**Any hobbies/activities involved in?** Sailing



**Name:** Donavon Church

**Where do you live?** West Allis

**Why did you join MFFD?** To become a better service provider and gain as much experience as I can.

**What classes have you taken related to Fire or EMS?** Fire 1 and EMT-B

**What classes will you be taking?** Paramedic eventually, Fire 2, D/O

**Have you been on any other depts or in a related field?** Currently on Vernon FD and an intern at Wauwatosa FD

**Are you employed somewhere besides MFFD?** Server at Fox & Hounds restaurant

**Family/pets?** Mom—Jennifer, Dad—Donny, Girlfriend—Jordan

**Any hobbies/activities involved in?** Basketball & working out

**Anything else you would like to tell us about yourself?** I am determined to be the best service provider I can be.

# MEET MFFD's NEWEST MEMBERS



**Name:** Brad Clemetson

**Where do you live?** Meno. Falls

**Why did you join MFFD?** To serve the village that I live in and gain the knowledge and training about the fire service that MFFD has to offer.

**What classes have you taken related to Fire or EMS?** I'm one class away from completing my Fire Science degree. Fire 1 & 2, Inspector,

HazMat Ops, EMT-B

**What classes will you be taking?** Currently in Fire Investigation and hope to take Paramedic in the future

**Have you been on any other depts or in a related field?** No

**Family/pets?** Mom—Cheryl, Dad—Brian, Brother—Jake, Sister—Kendal. Girlfriend—Maddie, two cats—Hobbes & Kanye

**Any hobbies/activities involved in?** I'm a big sports fan, especially for the Packers, Bucks and Brewers.

**Anything else you would like to tell us about yourself?** I am a triplet; and was a former racing sausage for the Milwaukee Brewers.



**Name:** William Curtis Jr.

**Where do you live?** Milwaukee

**Why did you join MFFD?** To make a difference outside of my community.

**What classes have you taken related to Fire or EMS?** Fire 1, HazMat and EMT-B

**What classes will you be taking?** Fire 2

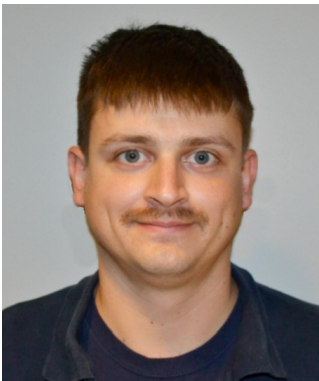
**Have you been on any other depts or in a related field?** I was on Milwaukee FD as a cadet.

**Are you employed somewhere besides MFFD?** Curtis Ambulance

**Family/pets?** Mom, a sister and a brother

**Any hobbies/activities involved in?** Hunting, camping, friend/family gatherings

**Anything else you'd like to tell us about yourself?** I was a swim coach and instructor for lifeguard, water safety & water aerobics during my time w/ the Milw Recreations Aquatic Dept.



**Name:** Jacob/Jake Evaska

**Where do you live?** Caledonia

**Why did you join MFFD?** To be part of this growing department and its future.

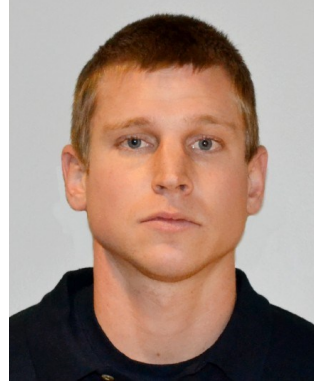
**What classes have you taken related to Fire or EMS?** Associate's degree in Fire Protection, Paramedic, MPO & Aerial Operator

**What classes will you be taking?** I will be enrolling in the Instructor and Fire Officer courses.

**Are you employed somewhere besides MFFD?** Mequon FD for 4 years

**Family/pets?** A wonderful fiancée—Emily. A wiener dog—Annie

**Any hobbies/activities involved in?** I enjoy going up north to the Northwoods in Presque Isle. I love to fish, be outdoors and appreciate nature. I also enjoy landscaping and working on my yard.



**Name:** Devin Gresenz

**Where do you live?** Hartford

**Why did you join MFFD?** To expand my knowledge & skills, further developing my professional career

**What classes have you taken related to Fire or EMS?** Fire 1 and 2, D/O-Pumper & Aerial, Fire Inspector I, ARFF, EMT-B

**What classes will you be taking?** Paramedic

**Have you been on any other depts or in a related field?** Mount Horeb FD, Town of Delafield FD

**Are you employed somewhere besides MFFD?** Volk Field FD and Hartford FD

**Family/pets?** Wife—Ashley. Dog—Juice

**Any hobbies/activities involved in?** Physical fitness, sports and card collecting, anything outdoors

**Anything else you would like to tell us about yourself?** Excited to be back and learn!

# MEET MFFD's NEWEST MEMBERS



**Name:** Paul "Griff" Griffin

**Where do you live?** Pewaukee

**Why did you join MFFD?** Love fire-fighting/EMS! To keep my skill level up-to-date

**What classes have you taken related to Fire or EMS?** CPR, Haz-Mat, Building Construction, Fire Service Hydraulics

**What classes will you be taking?** N/A

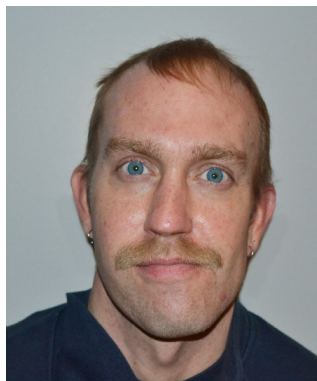
**Have you been on any other depts or in a related field?** Milwaukee FD

**Are you employed somewhere besides MFFD?** No

**Family/pets?** Wife—Rochelle. Dog—Chance

**Any hobbies/activities involved in?** Camping, cooking, hiking, biking, woodworking, swimming

**Anything else you would like to tell us about yourself?**  
Just glad to be here



**Name:** Chris Piette

**Where do you live?** Germantown

**Why did you join MFFD?** I've been looking for a FT position and PT is a start.

**What classes have you taken related to Fire or EMS?** MPO, Aerial, EMT-B, AEMT, Fire 1 and 2 (just needing state practical)

**What classes will you be taking?**

Possibly Paramedic

**Have you been on any other depts or in a related field?** Germantown FD for almost 18 years

**Family/pets?** Married to Amanda for almost 14 years. Two step-daughters, Amber (18) and Natalie (16). A Siberian husky, Spades. Four cats—Midnight, Boots, Jelly Bean & Ginger Bread

**Any hobbies/activities involved in?** Mobile game - War Dragons and Pokemon Go

**Anything else you would like to tell us about yourself?**  
I enjoy camping with my family and traveling.



**Name:** Paul Krueger

**Where do you live?** Kenosha

**Why did you join MFFD?** To gain more experience and run more calls.

**What classes have you taken related to Fire or EMS?** Fire 1 & 2, DOP, Inspector I, Wildland firefighter, HazMat Ops, Swift Water Awareness and EMT-B

**What classes will you be taking?** Hopefully AEMT/Paramedic and Aerial Operator

**Are you employed somewhere besides MFFD?** Somers Fire & Rescue

**Family/pets?** Sister (23), nurse. Two brothers—one is in school for sports medicine doctor or PT and other is 15. Mom is a nurse and dad owns a construction company.

**Any hobbies/activities involved in?** Snowboard, play hockey, workout, kayaking, biking, dirt biking, shot gun shooting, archery and camping.

**Anything else you would like to tell us about yourself?**  
I am an Eagle Scout. I started as a volunteer explorer at 14.



**Name:** Nate Saltzman

**Where do you live?** Milwaukee

**Why did you join MFFD?** To enhance my healthcare training and gain new experiences

**What classes have you taken related to Fire or EMS?** NREMT, Registered Nurse, Pro-Board NPQI

**What classes will you be taking?**  
RN to Paramedic bridge

**Have you been on any other depts or in a related field?** Wilton EMS (NY) and Southside Fire/EMS (GA)

**Are you employed somewhere besides MFFD?** Columbia St. Mary's Hospital (4ICU RN), Bell Ambulance, Tess Corners FD

**Family/pets?** Family in MI. Brother, sister-in-law and niece in Denver

**Any hobbies/activities involved in?** Bicycling, hockey, cooking

**Anything else you would like to tell us about yourself?** I have a bachelor's in film/tv.



# MEET MFFD's NEWEST MEMBERS



**Name:** Anchal Scott

**Where do you live?** Oconomowoc

**Why did you join MFFD?** To gain more experience and run more calls.

**What classes have you taken related to Fire or EMS?** Fire 1 and EMT-B

**What classes will you be taking?** If I don't get into med school this year, I'll take Paramedic.

**Are you employed somewhere besides MFFD?** Lake Country Fire & Rescue and West Allis Medical Center

**Family/pets?** Cat—Casper, black lab—Kali

**Any hobbies/activities involved in?** I like to bake and play tennis. Also have a weakness for Hulu.

**Anything else you would like to tell us about yourself?** I am applying to med schools currently, and waiting to hear back on a couple. If I get in this year, I am completely willing to come back in summers to help out.



**Name:** Nick Thompson

**Where do you live?** West Allis

**Why did you join MFFD?** To get more experience, be able to run more calls, meet new people/resources in the county.

**What classes have you taken related to Fire or EMS?** Fire 1, EMT-B, Paramedic

**What classes will you be taking?**

Taking Fire 2 now, and I'd like to take Driver Operator.

**Have you been on any other depts or in a related field?** Bell Ambulance

**Are you employed somewhere besides MFFD?** Sussex FD

**Family/pets?** Girlfriend—Hope. Two cats—Logan & Lucy

**Any hobbies/activities involved in?** Cars, cooking, basketball, fishing



**Name:** Benjamin Todd

**Where do you live?** South Side of Milwaukee

**Why did you join MFFD?** It was an excellent opportunity to gain valuable experience with the department's relatively high call volume.

**What classes have you taken related to Fire or EMS?** EMT-B, Fire 1 & 2, Building Construction, Principles of Emergency Services, Safety & Survival,

Fire Protection Systems, HazMat Ops & Chemistry, Strategies Tactics & Incident Mgmt, Fire Behavior & Combustion, Employability Skills, Hydraulics & Fire Inspector. I'll be graduating from MATC in May w/ a Fire Protection Tech degree.

**What classes will you be taking?** AEMT, Fire Investigation, HazMat Tech and Anatomy & Physiology

**Have you been on any other depts or in a related field?** I started lifeguarding when I was 16.

**Are you employed somewhere besides MFFD?** Wind Lake FD

**Family/pets?** I am one seven kids. I am the second oldest.

**Any hobbies/activities involved in?** Powerlifting and snowboarding

## COMMUNITY EVENT

The Milwaukee Power, a USA Hockey-sanctioned Tier III Junior organization playing NA3HL, invited our members to their games on Feb. 5 and 6 for their First Responder Weekend. All first responders get in free!

Home games are played at the Ozaukee Ice Center, 5505 Pioneer Rd, Mequon, WI 53097.

If you plan on attending, please RSVP to Kris M. at [kris@mkepower.com](mailto:kris@mkepower.com).



## FIRST RESPONDER WEEKEND

**FRIDAY, FEB 5 – 2:00 p.m.**  
**SATURDAY, FEB 6 – 12:30 p.m.**

**All First Responders get in FREE!**

*Afternoon happy hours: Steny's Power Porch Ticket only \$15 and beverage specials all weekend!*

SPONSORED BY THE ALUMNI CLUB, Menomonee Falls

